
Standardized Program Evaluation Protocol [SPEP] Report

Challenge Youth Academy

Eckerd Connects

(Contract Provider)

201 Culbreath Road

Brooksville, Florida 34602

Primary Service: Trauma Focused Cognitive Behavior Therapy (TF-CBT)

SPEP Review Date(s): April 25, 2018



Florida Department of Juvenile Justice

Report Date(s): 09/06/2018

Introduction

The Standardized Program Evaluation Protocol (SPEP) is an assessment tool derived from meta-analytic research on the effectiveness of juvenile justice interventions. The tool is designed to compare existing intervention services, as implemented in the field, to the characteristics of the most effective intervention services found in the research.

The SPEP scoring system allows service providers to identify specific areas in which program improvements can be made to their existing Primary Services. These improvements can be expected to increase the effectiveness of those Primary Services in the reduction of recidivism for youth receiving the Primary Service. A separate SPEP evaluation is conducted, at the time of the program's Quality Improvement Review, for each Primary Service provided by the program.

This report provides two types of SPEP scores: a **Basic Score**, equivalent to the number of points received, and a **Program Optimization Score (POS)** that is equivalent to the maximum number of possible points that could be received based on the SPEP domains under the control of the program. The Basic Score compares the Primary Service being evaluated to other intervention services found in the research to be effective, regardless of service type. It is meant as a reference to the expected overall recidivism reduction when compared to other Primary Services of any Type.

A **Program Optimization Percentage (POP)** rate is derived from the Basic Score and Program Optimization Score. The POP rate is a percentage score that indicates where the rate of effectiveness of the Primary Service is when compared to its potential effectiveness if optimized to match the characteristics of similar Primary Services found to be most effective in the research. The POP rate is likely more meaningful to service providers as it represents how close the program's Primary Service is to its potential for that Primary Service Type. For example, a POP rate of 55% would indicate that the program's Primary Service is operating at 55% of its potential effectiveness for recidivism reduction that has been found for a similar Primary Service Type with research evidence of effectiveness.

Program Name: Challenge Youth Academy
Provider Name: Eckerd Connects
Location: Hernando County / Circuit: 5
Review Date(s): April 25, 2018

MQI Program Code: 76
Contract Number: 10208
Number of Beds: 60
Lead Reviewer Code: 143

Persons Interviewed

<input checked="" type="checkbox"/> Program Director	<input type="checkbox"/> Corporate QI/QA staff	_____ # Program Supervisors
<input type="checkbox"/> DJJ Monitor	_____ # Case Managers	_____ # Youth
<input type="checkbox"/> DHA or designee	<u>1</u> # Clinical Staff	_____ # Other (listed by title): _____
<input checked="" type="checkbox"/> DMHCA or designee	_____ # Healthcare Staff	

Documents Reviewed

<input checked="" type="checkbox"/> Written Protocol/Manual	<input type="checkbox"/> Logbooks	_____ # Personnel Records
<input checked="" type="checkbox"/> Fidelity Monitoring Documents	<input checked="" type="checkbox"/> Program Schedules	<u>5</u> # Training Records/CORE
<input type="checkbox"/> Internal Corrective Action Reports	<input type="checkbox"/> Supplemental Contracts	_____ # Youth Records (Closed)
<input checked="" type="checkbox"/> Staff Evaluations	<input type="checkbox"/> Table of Organization	_____ # Youth Records (Open)
<input type="checkbox"/> Accreditation Reports	<input type="checkbox"/> Youth Handbook	_____ # Other: _____
<input type="checkbox"/> Contract Monitoring Reports	_____ # Health Records	
<input type="checkbox"/> Contract Scope of Services	_____ # MH/SA Records	

Observations During Review

☐ Group/Session of Primary Service(s)
☐ Program Activities
☐ Recreation
☐ Social Skill Modeling by Staff
☐ Staff Interactions with Youth
☐ Staff Supervision of Youth
☐ Transition/Exit Conferences
☐ Treatment Team Meetings

1. Primary Service and Supplemental Service Types

Basic Score: 35 Points
POS: 35 Points
POP: 100%

There are five Primary Service Types that have been classified into Groups with a maximum number of points possible for rating purposes. Some Primary Service Types may also have qualifying Supplemental Service Types that could earn a program an additional 5 points.

The Primary Service for this program is Trauma Focused Cognitive Behavior Therapy. The program was awarded 30 points because the Primary Service is identified as a Group 5 Service. The specific Sub-Component Service Type identified is Cognitive Behavioral Therapy. The Primary Service was identified as this type of service as it is intended to correct faulty cognitions and perceptions and provides skills individuals can use to monitor thought patterns and correct behaviors.

An additional 5 points was awarded based on a Qualifying Supplemental Service. The Qualifying Supplemental Service was identified as None (automatic 5 points added to score), which was not demonstrated to have been implemented.

The Primary and Supplemental Service Raw Score is equal to the sum of the Primary Service points plus the Qualifying Supplemental Service points.

Note: Quality information is evaluated by the Bureau of Monitoring and Quality Improvement while on-site during the annual compliance review.

2. Overall Quality of Service Delivery Score	Basic Score: 20 Points POS: 20 Points POP: 100%
<i>The Quality of Service Delivery Score is the sum of the scores for the seven treatment quality indicators. The Program Optimization Percentage Rating determines the Overall Quality of Service Level: Indicator Sum Score 0-3 = Low; Sum Score 4-7 = Medium; Sum Score 8-10 = High.</i>	

Sum of all Indicator Scores (a – g below): 8 Points

Overall Quality of Service Delivery Level:

- ☐ Low (Raw Score = 5)
☐ Medium (Raw Score = 10)
☒ High (Raw Score = 20 Points)

a. Facilitator Training	Basic Score: 1 Point(s) Maximum Possible Score: 1 Point
<i>All facilitator(s) of the Primary Service must have received formal training specific to the intervention or model/protocol.</i>	

The documentation reviewed showed evidence the program has a formal training protocol provided through a qualified trainer. The program utilizes the National Child Traumatic Stress Network How to Implement Trauma Focused Cognitive Behavioral Therapy. The program has five staff who are trained to conduct this intervention. Two staff serve as regular facilitators.

b. Treatment Manual/Protocol	Basic Score: 2 Point(s) Maximum Possible Score: 2 Points
<i>There is a specific written manual/protocol detailing delivery of the Primary Service.</i>	

The clinical director has a copy of the manual which was reviewed. There are no workbooks for the youth. The manual contains lesson plans and varied topics which are determined by staff planning with basic instructions for implementation and discussion. There is no specific assigned lesson for each session.

c. Observed Adherence to the Manual/Protocol	Basic Score: N/A Point(s) Maximum Possible Score: 1 Point
<i>Upon observation of the Primary Service by the Quality Improvement reviewer, the facilitator of that service adhered to the written protocol/manual.</i>	

This intervention was not observed during this review.

d. Facilitator Turnover	Basic Score: 2 Point(s) Maximum Possible Score: 2 Points
<i>Measures the extent to which facilitators of the specific intervention/service have changed as well as gaps in service of that Primary Service.</i>	

A review of sign in sheets for the past twelve months confirmed there has been no staff turnover or gap in service delivery of this intervention. Documentation indicated there are two regular facilitators for this intervention.

e. Internal Fidelity Monitoring	Basic Score: 1 Point(s) Maximum Possible Score: 2 Points
<i>The program has a process to monitor the delivery of the intervention to examine how closely actual implementation matches the model protocol.</i>	

Twelve months of internal fidelity monitoring reports were reviewed. The program has an internal process to perform internal fidelity monitoring. During the last twelve months, twenty-four instances of internal fidelity monitoring were required and only ten instances were conducted.

f. Corrective Action based on Fidelity Monitoring	Basic Score: 1 Point Maximum Possible Score: 1 Point
<i>The program has a process by which corrective action is applied and demonstrated based on the fidelity monitoring of the delinquency intervention/therapeutic service.</i>	

The program has a process for corrective action based on internal fidelity monitoring. Each fidelity monitoring checklist includes a section for feedback and recommendations for facilitator improvement. There were no corrective actions noted during the last twelve months.

g. Evaluation of Facilitator Skill Delivering the Intervention	Basic Score: 1 Point Maximum Possible Score: 1 Point
<i>Performance evaluations of the facilitators of the specific intervention/service include evaluation of skill in delivering the intervention/service.</i>	

The program has two regular facilitators for this intervention. Both facilitators were eligible for an annual performance evaluation. The annual performance evaluation included a review specific interventions and facilitator delivery skills.

3. Amount of Service - Duration

Basic Score: 10 Points

Program Optimization Score: 10 Points

Program Optimization Percentage: 100%

Research indicates the target duration of 15 weeks for this type of service. Of the 7 youth in the sample, 100% (7 of 7) reached at least the indicated target duration. Further explanation is detailed in the Summary and Recommendations below.

Note: Dosage information (duration) is calculated from the Juvenile Justice Information System (JJIS) Evidence-Based Services module. Duration is included for the youth in the SPEP sample.

4. Amount of Service – Contact Hours

Basic Score: 10 Points

Program Optimization Score: 10 Points

Program Optimization Percentage: 100%

Research indicates a target of 45 contact hours for this type of service. Of the 7 youth in the sample, 100% (7 of 7) reached the indicated target contact hours. Further explanation is detailed in the Summary and Recommendations below.

Note: Dosage information (contact hours) is calculated from the Juvenile Justice Information System (JJIS) Evidence-Based Services module. Contact hours are included for the youth in the SPEP sample.

5. Risk Level of Youth Served:

Basic Score: 25 Points

Program Optimization Score: 25 Points

Program Optimization Percentage: 100%

Percentage of Youth with Moderate, Moderate-High, and High-Risk Levels to Reoffend: 100%

Moderate to High Score: 12 Points

Program Optimization Score: 12 Points

Program Optimization Percentage: 100%

Table 1		
Moderate	=	1 youth
Moderate-High	=	3 youth
High	=	3 youth
<u>Total Youth in Sample</u>	=	<u>7 youth</u>

Percentage of Youth with High-Risk Level to Reoffend: 43%
 High Score: 13 Points
 Program Optimization Score: 13 Points
 Program Optimization Percentage: 100%

Table 2	
High	= 3 youth
Total Youth in Sample	= 7 youth

The risk level score is compiled by calculating the total percent of the SPEP sample that score Moderate to High-Risk to reoffend and also the total percent of the SPEP sample that score High-Risk to reoffend.

Of the SPEP sample, 100% (7 of 7) youth scored Moderate to High-Risk to reoffend, for a score of 12 points.

Of the SPEP sample, 43% (3 of 7) youth scored High-Risk to reoffend, for a score of 13 points.

Note: The latest Community Positive Achievement Change Tool (C-PACT) prior to the placement date was used in the derivation of the risk level score. This C-PACT provides the best indication of the risk to re-offend level of the youth when the youth was first placed in the program.

Summary and Recommendations

Category	Basic Score	Program Optimization Score	Program Optimization Percentage
Primary and Supplemental Service Type	35	35	100%
Quality of Service Delivery	20	20	100%
Amount of Service: Duration	10	10	100%
Amount of Service: Contact Hours	10	10	100%
Risk Level of Youth Served	25	25	100%
Totals	100	100	100%

This SPEP report evaluates Trauma Focused Cognitive Behavior Therapy, an intervention delivered at Challenge Youth Academy.

The program scored High for Quality of Service Delivery.

The program earned 10 points for Amount of Service: Duration. Of the 7 total youth sampled, all 7 included dosage with end dates in the EBS Module. Of those youth, all 7 received at least the recommended weeks of service. Youth in the sample completed between 30 and 54 weeks of service, with an average of 36 weeks.

The program earned 10 points for Amount of Service: Contact Hours. Of the 7 total youth sampled, all 7 included dosage in the EBS Module. Of those youth, all 7 received at least the recommended hours of service. Youth in the sample completed between 197 and 366 hours of service, with an average of 244 hours.

The program was awarded 25 available points for Risk Level of Youth Served. This is calculated using data from the Community - Positive Achievement Change Tool (C-PACT) assessment. This score reflects youths' most recent C-PACT score prior to placement at the program. The program itself has no control over youths' C-PACT risk level because the scored assessment was administered just prior to the youths' admission.

RECOMMENDATION(S):

Challenge Youth Academy can maintain their SPEP Quality of Service Delivery score by continuing the practices in place at the time of this review.

Challenge Youth Academy can optimize their SPEP Amount of Service score by ensuring that dosage for all youth is recorded accurately in EBS and by ensuring that youth receive the full targeted dosage of service.