
Standardized Program Evaluation Protocol [SPEP] Report

Kissimmee Youth Academy
Youth Opportunity Investments, LLC
(Contract Provider)
2330 New Beginnings Road
Kissimmee, Florida 34744

Primary Service: LifeSkills Training
SPEP Review Date(s): March 21-24, 2017



Florida Department of Juvenile Justice

Report Date(s): 12/18/2017

Introduction

The Standardized Program Evaluation Protocol (SPEP) is an assessment tool derived from meta-analytic research on the effectiveness of juvenile justice interventions. The tool is designed to compare existing intervention services, as implemented in the field, to the characteristics of the most effective intervention services found in the research.

The SPEP scoring system allows service providers to identify specific areas in which program improvements can be made to their existing Primary Services. These improvements can be expected to increase the effectiveness of those Primary Services in the reduction of recidivism for youth receiving the Primary Service. A separate SPEP evaluation is conducted, at the time of the program's Quality Improvement Review, for each Primary Service provided by the program.

This report provides two types of SPEP scores: a **Basic Score**, equivalent to the number of points received, and a **Program Optimization Score (POS)** that is equivalent to the maximum number of possible points that could be received based on the SPEP domains under the control of the program. The Basic Score compares the Primary Service being evaluated to other intervention services found in the research to be effective, regardless of service type. It is meant as a reference to the expected overall recidivism reduction when compared to other Primary Services of any Type.

A **Program Optimization Percentage (POP)** rate is derived from the Basic Score and Program Optimization Score. The POP rate is a percentage score that indicates where the rate of effectiveness of the Primary Service is when compared to its potential effectiveness if optimized to match the characteristics of similar Primary Services found to be most effective in the research. The POP rate is likely more meaningful to service providers as it represents how close the program's Primary Service is to its potential for that Primary Service Type. For example, a POP rate of 55% would indicate that the program's Primary Service is operating at 55% of its potential effectiveness for recidivism reduction that has been found for a similar Primary Service Type with research evidence of effectiveness.

Program Name: Kissimmee Youth Academy
Provider Name: Youth Opportunity Investments, LLC
Location: Osceola County / Circuit: 9
Review Date(s): March 21-24, 2017

QI Program Code: 989
Contract Number: 10287
Number of Beds: 46
Lead Reviewer Code: 77

Persons Interviewed

- | | | |
|---|--|--|
| <input checked="" type="checkbox"/> Program Director | <input type="checkbox"/> Corporate QI/QA staff | 5 # Program Supervisors |
| <input checked="" type="checkbox"/> DJJ Monitor | 2 # Case Managers | 16 # Youth |
| <input checked="" type="checkbox"/> DHA or designee | 5 # Clinical Staff | _____ # Other (listed by title): _____ |
| <input checked="" type="checkbox"/> DMHCA or designee | 3 # Healthcare Staff | |

Documents Reviewed

- | | | |
|--|--|-----------------------------------|
| <input checked="" type="checkbox"/> Written Protocol/Manual | <input checked="" type="checkbox"/> Logbooks | 7 # Personnel Records |
| <input checked="" type="checkbox"/> Fidelity Monitoring Documents | <input checked="" type="checkbox"/> Program Schedules | 7 # Training Records/CORE |
| <input checked="" type="checkbox"/> Internal Corrective Action Reports | <input checked="" type="checkbox"/> Supplemental Contracts | 5 # Youth Records (Closed) |
| <input checked="" type="checkbox"/> Staff Evaluations | <input checked="" type="checkbox"/> Table of Organization | 7 # Youth Records (Open) |
| <input checked="" type="checkbox"/> Accreditation Reports | <input checked="" type="checkbox"/> Youth Handbook | _____ # Other: _____ |
| <input checked="" type="checkbox"/> Contract Monitoring Reports | 7 # Health Records | |
| <input checked="" type="checkbox"/> Contract Scope of Services | 7 # MH/SA Records | |

Observations During Review

- Group/Session of Primary Service(s)
- Program Activities
- Recreation
- Social Skill Modeling by Staff
- Staff Interactions with Youth
- Staff Supervision of Youth
- Transition/Exit Conferences
- Treatment Team Meetings

1. Primary Service and Supplemental Service Types

Basic Score: 20 Points
POS: 20 Points
POP: 100%

There are five Primary Service Types that have been classified into Groups with a maximum number of points possible for rating purposes. Some Primary Service Types may also have qualifying Supplemental Service Types that could earn a program an additional 5 points.

The Primary Service for this program is LifeSkills Training. The program was awarded 15 points because the Primary Service is identified as a Group 3 Service. The specific Sub-Component Service Type identified is Social Skills Training. The Primary Service was identified as this type of service as it focuses on developing social skills required for an individual to interact in a positive way with others.

An additional 5 points was awarded based on a Qualifying Supplemental Service. The Qualifying Supplemental Service was identified as None (automatic 5 points added to score), which was not demonstrated to have been implemented.

The Primary and Supplemental Service Raw Score is equal to the sum of the Primary Service points plus the Qualifying Supplemental Service points.

Note: Quality information is evaluated by the Bureau of Monitoring and Quality Improvement while on-site during the annual compliance review.

2. Overall Quality of Service Delivery Score	Basic Score: 10 Points POS: 20 Points POP: 50%
<i>The Quality of Service Delivery Score is the sum of the scores for the seven treatment quality indicators. The Program Optimization Percentage Rating determines the Overall Quality of Service Level: Indicator Sum Score 0-3 = Low; Sum Score 4-7 = Medium; Sum Score 8-10 = High.</i>	

Sum of all Indicator Scores (a – g below): 4 Points

Overall Quality of Service Delivery Level:

- Low (Raw Score = 5)
- Medium (Raw Score = 10)
- High (Raw Score = 20 Points)

a. Facilitator Training	Basic Score: 1 Point(s) Maximum Possible Score: 1 Point
<i>All facilitator(s) of the Primary Service must have received formal training specific to the intervention or model/protocol.</i>	

The program had six facilitators trained in the LifeSkills Training (LST) curriculum in February 2017. Four of the trained facilitators have conducted group so far. Their first group began on March 1, 2017.

b. Treatment Manual/Protocol	Basic Score: 2 Point(s) Maximum Possible Score: 2 Points
<i>There is a specific written manual/protocol detailing delivery of the Primary Service.</i>	

All youth admitted at Kissimmee Youth Academy are assessed by staff as to need evidence based services. Based on various criteria, they are placed into program services. The program utilizes the LST Middle School Edition curriculum for the intervention. The manual details the primary service and explains how each specific session is to be delivered. It includes a script, gives outlines for each group session and specific details on the delivery of each of the lessons.

c. Observed Adherence to the Manual/Protocol	Basic Score: 1 Point(s) Maximum Possible Score: 1 Point
<i>Upon observation of the Primary Service by the Quality Improvement reviewer, the facilitator of that service adhered to the written protocol/manual.</i>	

An LST session was observed on Wednesday, 03/22/17, from 2:45-3:45pm. The lesson was “Smoking: Myths and Realities”. A copy of the lesson was provided to the reviewer. The facilitator adhered to the manual. She did not read the lesson verbatim, but put it in her own words which was easy for the youth to understand.

d. Facilitator Turnover	Basic Score: 0 Point(s) Maximum Possible Score: 2 Points
<i>Measures the extent to which facilitators of the specific intervention/service have changed as well as gaps in service of that Primary Service.</i>	

At the time of the review, the program had only recently had staff trained in LST. The reviewed documentation and the Clinical Director confirmed there was staff turnover in the past twelve months and group was not being offered. The program has a policy in place should facilitator turnover occur in the future. If a facilitator is going to be leaving the program or will be on leave, they explain to the youth why another facilitator will be taking over the class. Another qualified facilitator from the staff would then conduct the class.

The program can earn 2 points if there is no facilitator turnover and there are no unnecessary gaps in service.

At the time of the review, the program did not meet criteria to earn a score of 2.

e. Internal Fidelity Monitoring	Basic Score: 0 Point(s) Maximum Possible Score: 2 Points
<i>The program has a process to monitor the delivery of the intervention to examine how closely actual implementation matches the model protocol.</i>	

The program recently implemented LST and at the time of the review no fidelity monitoring has been completed.

f. Corrective Action based on Fidelity Monitoring	Basic Score: 0 Point Maximum Possible Score: 1 Point
<i>The program has a process by which corrective action is applied and demonstrated based on the fidelity monitoring of the delinquency intervention/therapeutic service.</i>	

The program recently implemented LST and at the time of the review no fidelity monitoring has been completed.

g. Evaluation of Facilitator Skill Delivering the Intervention	Basic Score: N/A Point Maximum Possible Score: 1 Point
<i>Performance evaluations of the facilitators of the specific intervention/service include evaluation of skill in delivering the intervention/service.</i>	

This indicator was not applicable at the time of this review.

3. Amount of Service - Duration

Basic Score: 0 Points
Program Optimization Score: 10 Points
Program Optimization Percentage: 0%

Research indicates the target duration of 16 weeks for this type of service. Of the 0 youth in the sample, 0% (0 of 0) reached at least the indicated target duration. Further explanation is detailed in the Summary and Recommendations below.

Note: Dosage information (duration) is calculated from the Juvenile Justice Information System (JJIS) Evidence-Based Services module. Duration is included for the youth in the SPEP sample.

4. Amount of Service – Contact Hours

Basic Score: 0 Points
Program Optimization Score: 10 Points
Program Optimization Percentage: 0%

Research indicates a target of 24 contact hours for this type of service. Of the 0 youth in the sample, 0% (0 of 0) reached the indicated target contact hours. Further explanation is detailed in the Summary and Recommendations below.

Note: Dosage information (contact hours) is calculated from the Juvenile Justice Information System (JJIS) Evidence-Based Services module. Contact hours are included for the youth in the SPEP sample.

5. Risk Level of Youth Served:

Basic Score: 0 Points
Program Optimization Score: 25 Points
Program Optimization Percentage: 0%

Percentage of Youth with Moderate, Moderate-High, and High-Risk Levels to Reoffend: 0%

Moderate to High Score: 0 Points
Program Optimization Score: 12 Points
Program Optimization Percentage: 0%

Moderate	=	0 youth
Moderate-High	=	0 youth
High	=	0 youth
<u>Total Youth in Sample</u>	=	<u>0 youth</u>

Percentage of Youth with High-Risk Level to Reoffend: 0%
 High Score: 0 Points
 Program Optimization Score: 13 Points
 Program Optimization Percentage: 0%

Table 2	
High	= 0 youth
<u>Total Youth in Sample</u>	= <u>0 youth</u>

The risk level score is compiled by calculating the total percent of the SPEP sample that score Moderate to High-Risk to reoffend and also the total percent of the SPEP sample that score High-Risk to reoffend.

Of the SPEP sample, 0% (0 of 0) youth scored Moderate to High-Risk to reoffend, for a score of 0 points.

Of the SPEP sample, 0% (0 of 0) youth scored High-Risk to reoffend, for a score of 0 points.

Note: The latest Community Positive Achievement Change Tool (C-PACT) prior to the placement date was used in the derivation of the risk level score. This C-PACT provides the best indication of the risk to re-offend level of the youth when the youth was first placed in the program.

Summary and Recommendations

Category	Basic Score	Program Optimization Score	Program Optimization Percentage
Primary and Supplemental Service Type	20	20	100%
Quality of Service Delivery	10	20	50%
Amount of Service: Duration	0	10	0%
Amount of Service: Contact Hours	0	10	0%
Risk Level of Youth Served	0	25	0%
Totals	30	85	35%

This SPEP report evaluates LifeSkills Training, an intervention delivered at Kissimmee Youth Academy. The program scored Medium for Quality of Service Delivery. This score can be optimized by ensuring groups run consistently. The program earned 0 points for Amount of Service: Duration and Amount of Service: Contact Hours. There was no LST data entered into the Juvenile Justice Information system (JJIS) Evidence-Based Services (EBS) module for any youths. With no JJIS data to review, the SPEP score was reduced. The program must enter dosage data into JJIS in order to receive any score in this area.

RECOMMENDATION(S):

Kissimmee Youth Academy can optimize their SPEP Quality of Service Delivery score by ensuring groups are being run consistently.

Kissimmee Youth Academy can optimize their SPEP Amount of Service score by ensuring that LST dosage for all youth is recorded accurately in EBS and by ensuring that youth receive the full targeted dosage of service.