

# Office of Accountability & Program Support

## Thinking For A Change 4.0 Attendance Sheet

Program Name		Session		
		Date	Time Begin	Time End
Facilitator Name & Title		Co-Facilitator Name & Title		
<b>Lessons Covered Today</b> (Enter "X" or "✓" below)				
1.	Introduction	14.	Responding to Anger	
2.	Active Listening	15.	Negotiating	
3.	Asking Questions	16.	Introduction to Problem Solving	
4.	Giving Feedback	17.	Skill 1 – Stop And Think	
5.	Knowing Your Feelings	18.	Skill 2 – State the Problem	
6.	Thinking Controls Our Behavior	19.	Skill 3 – Set a Goal and Gather Information	
7.	Step 1 – Pay Attention To Our Thinking	20.	Practice Skills 1, 2 and 3	
8.	Step 2 – Recognize Risk	21.	Skill 4 – Think of Choices And Consequences	
9.	Step 3 – Use New Thinking	22.	Skill 5 – Make a Plan	
10.	Thinking Check-In	23.	Skill 6 – Do and Evaluate	
11.	Understanding the Feelings of Others	24.	Problem Solving – Application	
12.	Making a Complaint	25.	Next Steps	
13.	Apologizing			

	Youth Name	JJIS ID	Youth Signature	Homework Completed?		
				Yes	No	N/A
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						

**Yes**      **No**      **N/A**  
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**Was the lesson completed in one group session?** (Enter "X" or check "✓")  
**If NO, will the lesson be continued next session?** (Enter "X" or check "✓")  
**Have any youth dropped out of this group?** (Enter "X" or check "✓". If "YES", list below.)

Youth Dropped	JJIS ID	Date Dropped	Reason Dropped

**Other Comments**  
 (State reasons for: 1) Youth absences; 2) Terminating the session before its scheduled end time; or 3) Cancelling the session.)