

**Aggression Replacement Training
Skillstreaming Fidelity Adherence Checklist**

Facility: _____ Observer: _____ Title: _____

Date: _____ Facilitator: _____ Title: _____

Starting Time: _____ Co-Facilitator: _____ Title: _____

Ending Time: _____ Number of Youth Attending: _____

Skillstreaming Skill (or supplemental session): _____

Please use this scale to rate what you observed during this session:

	Not At All	Poorly	Adequately	Well Done	Very Well Done
	1	2	3	4	5
1. Youth were welcomed.	1	2	3	4	5
2. Group norms were reviewed.	1	2	3	4	5
3. All youth completed the Skillstreaming Homework Report.	1	2	3	4	5
4. Skillstreaming Homework Reports were used to review last week's skill.	1	2	3	4	5
5. Skillstreaming Homework Reports were collected and placed in youth's folders.	1	2	3	4	5
6. The new skill was correctly introduced, all steps read and briefly explained.	1	2	3	4	5
7. The new skill was explained without unnecessary complication.	1	2	3	4	5
8. The new skill was correctly modeled by the facilitator.	1	2	3	4	5
9. The facilitator modeled an example (vignette).	1	2	3	4	5
10. The new skill was correctly modeled by the co-facilitator.	1	2	3	4	5
11. The co-facilitator modeled an example (vignette).	1	2	3	4	5
12. All steps for performing the new skill were identified during modeling.	1	2	3	4	5
13. The modeling demonstration involved a relevant adolescent situation.	1	2	3	4	5
14. Each modeling example Vignette) had a positive (pro-social) outcome.	1	2	3	4	5
15. Each youth expressed the personal usefulness of the skill.	1	2	3	4	5

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16. Each youth correctly role-played the skill as the main actor.	1	2	3	4	5
17. Each youth picked their own role-play partner(s).	1	2	3	4	5
18. The facilitator/co-facilitator reviewed or reminded youth of their parts.	1	2	3	4	5
19. The facilitator/co-facilitator assigned specific steps to role-play observers.	1	2	3	4	5
20. The facilitator/co-facilitator ensured the actors remained in role.	1	2	3	4	5
21. The facilitator/co-facilitator ensured the role-play depicted the skill being taught.	1	2	3	4	5
22. Each youth provided performance feedback to each main actor.	1	2	3	4	5
23. Performance feedback was provided in correct order (co-actor, group members, co-facilitator, facilitator, main actor).	1	2	3	4	5
24. The facilitator/co-facilitator provided reinforcement for the skill being role-played.	1	2	3	4	5
25. The facilitator/co-facilitator provided reinforcement to the co-actor.	1	2	3	4	5
26. Reinforcement given was commensurate with performance quality.	1	2	3	4	5
27. Reinforcement was given for adequate performance.	1	2	3	4	5
28. Reinforcement was provided for improved performance.	1	2	3	4	5
29. New Skillstreaming Homework Reports were given to each youth as homework.	1	2	3	4	5
30. The facilitator demonstrated knowledge of the content presented.	1	2	3	4	5
31. The co-facilitator demonstrated knowledge of the content presented.	1	2	3	4	5
32. The session was well paced.	1	2	3	4	5
33. The facilitator demonstrated effective platform skills (body language, tone of voice, facial expression, eye contact).	1	2	3	4	5
34. The co-facilitator demonstrated effective platform skills (body language, tone of voice, facial expression, eye contact).	1	2	3	4	5
35. The facilitator kept participants interested.	1	2	3	4	5
36. The co-facilitator kept participants interested.	1	2	3	4	5

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|------------------------------------------------------------------------------------|---|---|---|---|---|
| 37. Visual aids were used to support the presentation and clarify concepts. | 1 | 2 | 3 | 4 | 5 |
| 38. The facilitator conveyed enthusiasm and a belief in the material presented. | 1 | 2 | 3 | 4 | 5 |
| 39. The co-facilitator conveyed enthusiasm and a belief in the material presented. | 1 | 2 | 3 | 4 | 5 |
| 40. The facilitator interacted effectively with the youth. | 1 | 2 | 3 | 4 | 5 |
| 41. The co- facilitator interacted effectively with the youth. | 1 | 2 | 3 | 4 | 5 |
| 42. Youth appeared to understand the skill being taught. | 1 | 2 | 3 | 4 | 5 |
| 43. What visual aids were used (check or enter an "X" for all that apply)? | | | | | |

- ☐ Overhead
- ☐ Poster
- ☐ Skill Cards
- ☐ Other: _____

44. Were there any behavior management issues during this session? ☐ Yes ☐ No
If yes, how were they handled?

45. Facilitator's self-evaluation and ideas for improvement:

46. Co-facilitator's self-evaluation and ideas for improvement:

47. Observer's feedback and recommendations:

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Observer's feedback and recommendations received: _____
(Facilitator's signature and Date)

(Co-facilitator's signature and Date)

cc: PTA Program Administrator