

**Aggression Replacement Training
Anger Control Training Fidelity Adherence Checklist**

Facility: _____ Observer: _____ Title: _____

Date: _____ Facilitator: _____ Title: _____

Starting Time: _____ Co-Facilitator: _____ Title: _____

Ending Time: _____ Number of Youth Attending: _____

Anger Control Week Number (or supplemental session): _____

Please use this scale to rate what you observed during this session:

	Not At All	Poorly	Adequately	Well Done	Very Well Done
	1	2	3	4	5
1. Youth were welcomed.	1	2	3	4	5
2. Group norms were reviewed.	1	2	3	4	5
3. Previously covered anger control skills were reviewed.	1	2	3	4	5
4. All youth completed the hassle log(s).	1	2	3	4	5
5. Hassle logs were used to review last week's anger control skills.	1	2	3	4	5
6. Hassle logs were collected and placed in youth's folders.	1	2	3	4	5
7. The Anger Control Chain was correctly reviewed "if applicable".	1	2	3	4	5
8. The new anger control skill was correctly introduced, all steps read and briefly explained.	1	2	3	4	5
9. The new anger control skill was explained without unnecessary complication.	1	2	3	4	5
10. The new anger control skill was correctly modeled by the facilitator.	1	2	3	4	5
11. The new anger control skill was correctly modeled by the co-facilitator.	1	2	3	4	5
12. All steps for performing the new anger control skill were identified during modeling.	1	2	3	4	5
13. The modeling demonstration involved a relevant adolescent situation.	1	2	3	4	5
14. Each youth expressed the personal usefulness of the skill.	1	2	3	4	5

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15. Each youth correctly role-played the skill as the main actor.	1	2	3	4	5
16. Each youth picked their own role-play partner(s).	1	2	3	4	5
17. Each youth provided performance feedback to each main actor.	1	2	3	4	5
18. Performance feedback was provided in correct order (co-actor, group members, co-facilitator, facilitator, main actor).	1	2	3	4	5
19. New hassle logs were given to each youth as homework.	1	2	3	4	5
20. The facilitator demonstrated knowledge of the content presented.	1	2	3	4	5
21. The co-facilitator demonstrated knowledge of the content presented.	1	2	3	4	5
22. The session was well paced.	1	2	3	4	5
23. The facilitator demonstrated effective platform skills (body language, tone of voice, facial expression, eye contact).	1	2	3	4	5
24. The co-facilitator demonstrated effective platform skills (body language, tone of voice, facial expression, eye contact).	1	2	3	4	5
25. The facilitator kept participants interested.	1	2	3	4	5
26. The co-facilitator kept participants interested.	1	2	3	4	5
27. Visual aids were used to support the presentation and clarify concepts.	1	2	3	4	5
28. The facilitator conveyed enthusiasm and a belief in the material presented.	1	2	3	4	5
29. The co-facilitator conveyed enthusiasm and a belief in the material presented.	1	2	3	4	5
30. The facilitator interacted effectively with the youth.	1	2	3	4	5
31. The co- facilitator interacted effectively with the youth.	1	2	3	4	5
32. Youth appeared to understand the skill being taught.	1	2	3	4	5
33. What visual aids were used (check or enter an "X" for all that apply)?					

☐ Overhead
☐ Poster
☐ Skill Cards

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____ Other: _____

34. Were there any behavior management issues during this session? ☐ Yes ☐ No
If yes, how were they handled?

35. Facilitator's self-evaluation and ideas for improvement:

36. Co-facilitator's self-evaluation and ideas for improvement:

37. Observer's feedback and recommendations:

Observer's feedback and recommendations received: _____
(Facilitator's signature and Date)

(Co-facilitator's signature and Date)