

## Conflict Resolution Survey

Name \_\_\_\_\_

Date \_\_\_\_\_

**Directions:** Please circle the response that most closely matches your feelings. A “YES!” means very true; “yes” means somewhat true; “no” means somewhat false; and “NO!” means very false.

### Self-Control

- |   |      |     |    |     |
|---|------|-----|----|-----|
| 1. Sometimes you have to physically fight to get what you want. | YES! | yes | no | NO! |
| 2. I get mad easily.  | YES! | yes | no | NO! |
| 3. I do whatever I feel like doing.                             | YES! | yes | no | NO! |
| 4. When I am mad, I yell at people.                             | YES! | yes | no | NO! |
| 5. Sometimes I break things on purpose.                         | YES! | yes | no | NO! |
| 6. If I feel like it, I hit people.                             | YES! | yes | no | NO! |

### Cooperation

- |  |      |     |    |     |
|--|------|-----|----|-----|
| 1. I like to help around the house.                    | YES! | yes | no | NO! |
| 2. Being part of a team is fun.                        | YES! | yes | no | NO! |
| 3. Helping others makes me feel good.                  | YES! | yes | no | NO! |
| 4. I always like to do my part.                        | YES! | yes | no | NO! |
| 5. It is important to do your part in helping at home. | YES! | yes | no | NO! |
| 6. Helping others is very satisfying.                  | YES! | yes | no | NO! |

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### Administrative use only:

Score \_\_\_\_\_

Scorer Name \_\_\_\_\_

Program Name \_\_\_\_\_

Youth entrance into program date \_\_\_\_\_

## Conflict Resolution Scoring Instrument

Name \_\_\_\_\_

Date \_\_\_\_\_

**Directions:** Please circle the response that most closely matches your feelings. A “YES!” means very true; “yes” means somewhat true; “no” means somewhat false; and “NO!” means very false.

### Self-Control

1. Sometimes you have to physically fight to get what you want. YES! yes no NO!

Score 1 2 3 4

2. I get mad easily. YES! yes no NO!

Score 1 2 3 4

3. I do whatever I feel like doing. YES! yes no NO!

Score 1 2 3 4

4. When I am mad, I yell at people. YES! yes no NO!

Score 1 2 3 4

5. Sometimes I break things on purpose. YES! yes no NO!

Score 1 2 3 4

6. If I feel like it, I hit people. YES! yes no NO!

Score 1 2 3 4

### Cooperation

1. I like to help around the house. YES! yes no NO!

Score 4 3 2 1

2. Being part of a team is fun. YES! yes no NO!

Score 4 3 2 1

3. Helping others makes me feel good. YES! yes no NO!

Score 4 3 2 1

4. I always like to do my part. YES! yes no NO!

Score 4 3 2 1

### Conflict Resolution Scoring Instrument (Cont'd)

5. It is important to do your part in helping at home.	YES!	yes	no	NO!
Score	4	3	2	1
6. Helping others is very satisfying.	YES!	yes	no	NO!
Score	4	3	2	1

#### Scoring:

##### Self – Control

YES! = 1  
yes = 2  
no = 3  
NO! = 4

##### Cooperation

YES! = 4  
yes = 3  
no = 2  
NO! = 1

To score, sum the points values for each of the 12 responses. A high score indicates higher conflict resolution skills and a low score indicates a low conflict resolution skills.